



CHAPTER 135
ARTICLE 6 - DISABILITY INCOME PLAN OF NORTH CAROLINA

N.C.G.S. § 135-105.

Short-term disability benefits.

SOURCE General Statutes of North Carolina, as published by the General Assembly	LAST AMENDMENT IN THIS TEXT S.L. 2023-105, ss. 2.1, 3.4, 3.5, 4.1 — thirteenth act in the lineage	RETRIEVED 21 September 2026, 02:14 UTC	SOURCE FINGERPRINT 1056aee5b8eadbc2a9b12f22 - 6f0e138b677191f42ff02d77 - 53f4ace965adc58a
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- § 135-105(a) Any participant who becomes disabled and is no longer able to perform his or her usual occupation may receive a benefit commencing on the first day succeeding the waiting period provided all of the following conditions are met:
- (1) Application for the benefit occurs at least 365 calendar days succeeding the participant's date of initial employment as a teacher or employee.
 - (2) The participant has at least one year of contributing membership service earned within 36 calendar months immediately preceding the date of disability. Salary continuation used during the period as provided in G.S. 135-104 shall count toward this one-year requirement.
 - (3) Application for the benefit occurs no later than 365 days following the first day of the waiting period.
 - (4) The participant's employer and physician certify that the participant is mentally or physically incapacitated for the further performance of duty.
 - (5) The participant's incapacity was incurred at the time of active employment and has been continuous thereafter.

As to the requirement that a participant applying for short term disability benef - its have at least one year of contributing membership service within the 36 calendar months immediately preceding the date of disability, a participant who would have qualified for a benefit under this section but for service in the uniformed services shall not be denied a benefit under this section because of that interruption for military service provided all other requirements of this section are met.

Notwithstanding the requirement that the incapacity was incurred at the time of active employment, any participant who becomes disabled while on an employer approved leave of absence and who is eligible for and in receipt of temporary total benefits under The North Carolina Workers' Compensation Act, Article 1 of Chapter 97 of the General Statutes, will be eligible for all benefits provided under this Article.

§ 135-105(b)

The benefits as provided for in subsection (a) of this section shall commence on the first day following the waiting period and shall be payable for a period of 365 days as long as the participant continues to meet the definition of disability. However, a disabled participant may elect to receive any salary continuation as provided in G.S. 135-104 in lieu of short-term disability benefits; provided further, such election shall not extend the 365 days duration of short-term payments. An election to receive any salary continuation for any part of a given day shall be in lieu of any short-term benefit otherwise payable for that day, provided further, any lump-sum payout for vacation leave shall be treated as if the beneficiary or participant had exhausted the leave and shall be in lieu of any short-term benefit otherwise payable.

§ 135-105(c)

The monthly benefit as provided in subsection (a) of this section shall be equal to fifty percent (50%) of 1/12th of the annual base rate of compensation last payable to the participant prior to the beginning of the short-term benefit period as may be adjusted for percentage increases as provided under G.S. 135-108 plus fifty percent (50%) of 1/12th of the annual longevity payment to which the participant would be eligible, to a maximum of three thousand dollars (\$3,000) per month reduced by monthly payments for Workers' Compensation to which the participant may be entitled. The monthly benefit shall be further reduced by the amount of any payments from the federal Veterans Administration, any other federal agency, or any payments made under the provisions of G.S. 127A-108, to which the participant or beneficiary may be entitled on account of the same disability. Provided, that should a participant have earnings in an amount greater than the short-term benefit, the amount of the short-term benefit shall be reduced on a dollar-for-dollar basis by the amount that exceeds the short-term benefit.

§ 135-105(d)

For short-term disability benefits that begin before July 1, 2019, the provisions of this section shall be administered by the employer and benefits during the initial six months of the short-term disability period shall be the full responsibility of and paid by the employer.

For short-term disability benefits that began before July 1, 2019, upon completion of the initial six months of the short-term disability period, the employer will continue to be responsible for the short-term benefits to the participant, however, the employer shall notify the Plan, at the conclusion of the short-term disability period, or upon termination of short-term disability benefits, if earlier, of the amount of short-term benefits and the State Health Insurance premiums paid by the employer and the Plan shall reimburse the employer the amounts paid. The Plan shall not reimburse any employer for amounts related to notifications made on or after January 1, 2024.

§ 135-105(d1) For short-term disability benefits that begin on and after July 1, 2019, the provisions of this section shall be administered by the employer. The benefits during the first 12 months of the short-term disability period, including benefits from a preliminary determination of eligibility for long-term disability under subsection (f) of this section, shall be the full responsibility of and paid by the employer.

§ 135-105(e) During the short-term disability period, a beneficiary may return to service for trial rehabilitation for periods of not greater than 40 continuous days of service. Such return will not cause the beneficiary to become a participant and will not require a new waiting period or short-term disability period to commence unless a different incapacity occurs. The period of rehabilitative employment shall not extend the period of the short-term disability benefits.

§ 135-105(f) A participant or beneficiary of short-term disability benefits or his legal representative or any person deemed by the Board of Trustees to represent the participant or beneficiary, or the employer of the participant or beneficiary, may request the Board of Trustees to have the Retirement Systems Division of the Department of State Treasurer make a determination of eligibility for the short-term disability benefits as provided in this section or to make a preliminary determination of eligibility for the long-term disability benefits as provided in G.S. 135-106. A preliminary determination of eligibility for long-term disability benefits shall not preclude the requirement that the Medical Board make a determination of eligibility for long-term disability benefits.

§ 135-105(g) The Board of Trustees may extend the short-term disability benefits of a beneficiary beyond the benefit period of 365 days for an extended period of not more than 365 days. The extended period shall commence on the first day succeeding the conclusion of the first 365-day short-term disability period, provided the beneficiary or participant makes an application for such benefit within 180 days after the short-term

disability period ceases, after salary continuation payments cease, or after monthly payments for Workers' Compensation cease, whichever is later; and provided the Retirement Systems Division of the Department of State Treasurer determines that the beneficiary's disability is temporary and likely to end within the extended period of short-term disability benefits. During the extended period of short-term disability benefits, payment of benefits shall be made by the Plan directly to the beneficiary. This extended period of short-term disability benefits shall be treated in the same manner as long-term disability payments in G.S. 135-106(b) for the purposes of G.S. 135-108.

END OF SECTION TEXT

APPARATUS FOLLOWS — DERIVED, NOT ENACTED

APPARATUS I
13 ACTS

Amendment lineage

The State prints this history as a single parenthetical at the foot of the section. It is reproduced verbatim in the colophon and unpacked below in order of enactment.



Nº	YEAR	ACT	CHARACTER
01	1987	c. 738, s. 29(q)	ENACTED
02	1989	c. 717, s. 10	AMENDED
03	1989	1989 (Reg. Sess., 1990), c. 1032, s. 1	AMENDED
04	1989	1991 (Reg. Sess., 1992), c. 779, s. 3	AMENDED
05	1989	1993 (Reg. Sess., 1994), c. 769, s. 7.30(t)	AMENDED
06	2003	S.L. 2003-284, s. 30.20(k)	AMENDED
07	2004	S.L. 2004-78, s. 2	AMENDED
08	2007	S.L. 2007-325, s. 1	AMENDED
09	2013	S.L. 2013-288, s. 6	AMENDED
10	2018	S.L. 2018-52, s. 10(a)	AMENDED
11	2018	S.L. 2018-85, s. 1	AMENDED
12	2023	S.L. 2023-89, s. 3.2	AMENDED
13	2023	S.L. 2023-105, ss. 2.1, 3.4, 3.5, 4.1	AMENDED

APPARATUS II
5 AUTHORITIES

Authorities referenced

Every G.S. cross-reference appearing in the text of this section, in order of first appearance. Nothing is characterized; the operative language is quoted from the section itself.

REFERENCE	APPEARS IN	OPERATIVE LANGUAGE IN THIS SECTION
G.S. 135-104	(a)(2)	"during the period as provided in"
G.S. 135-108	(c)	"for percentage increases as provided under"
G.S. 127A-108	(c)	"payments made under the provisions of"
G.S. 135-106	(f)	"long-term disability benefits as provided in"
G.S. 135-106(b)	(g)	"manner as long-term disability payments in"

APPARATUS III

Citation

FULL SECTION

N.C. Gen. Stat. § 135-105 (2023).

PINPOINT

N.C. Gen. Stat. § 135-105(a) (2023).

Pinpoint keys are set in the left margin of the text rather than line numbers: subsection designators are stable across editions and paper sizes, line numbers are not.

COLOPHON

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HISTORY PARENTHETICAL, AS PRINTED BY THE STATE

(1987, c. 738, s. 29(q); 1989, c. 717, s. 10; 1989 (Reg. Sess., 1990), c. 1032, s. 1; 1991 (Reg. Sess., 1992), c. 779, s. 3; 1993 (Reg. Sess., 1994), c. 769, s. 7.30(t); 2003-284, s. 30.20(k); 2004-78, s. 2; 2007-325, s. 1; 2013-288, s. 6; 2018-52, s. 10(a); 2018-85, s. 1; 2023-89, s. 3.2; 2023-105, ss. 2.1, 3.4, 3.5, 4.1.)

