



CHAPTER 115C
ARTICLE 29E - HIGH SCHOOL INTERSCHOLASTIC ATHLETIC ACTIVITIES

N.C.G.S. § 115C-407.57.

Rules on concussions and head injuries.

SOURCE General Statutes of North Carolina, as published by the General Assembly	LAST AMENDMENT IN THIS TEXT No amendment history on record	RETRIEVED 21 September 2026, 02:28 UTC	SOURCE FINGERPRINT 1ecfcf0b1041eaefc05ddcf1 - 4cc27727bd8892b00dd0b7fd - 7da4674b136f7ac6
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§ 115C-407.57(a) For the purpose of this section, a concussion is a traumatic brain injury caused by a direct or indirect impact to the head that results in disruption of normal brain function which may or may not result in loss of consciousness.

§ 115C-407.57(b) With regard to middle schools and high schools, the State Board of Education shall adopt rules that provide for the following:

- (1) All coaches, school nurses, athletic directors, first responders, volunteers, students who participate in interscholastic athletic activities, and the parents of those students shall receive, on an annual basis, a concussion and head injury information sheet. School employees, first responders, volunteers, and students must sign the sheet and return it to the coach before they can participate in interscholastic athletic activities, including tryouts, practices, or competition. Parents must sign the sheet and return it to the coach before their children can participate in any such interscholastic athletic activities. The signed sheets shall be maintained in accordance with subsection (c) of this section.
- (2) If a student participating in an interscholastic athletic activity exhibits signs or symptoms consistent with a concussion, the student shall be removed from the activity at that time and shall not be allowed to return to play or practice that day. The student shall not return to play or practice on a subsequent day until the student is evaluated by and receives written clearance for such participation from one of the following:

a.A physician licensed under Article 1 of Chapter 90 of the General Statutes with training in concussion management.

- b.A neuropsychologist licensed under Article 18A of Chapter 90 of the General Statutes with training in concussion management and working in consultation with a physician licensed under Article 1 of Chapter 90 of the General Statutes.
- c.An athletic trainer licensed under Article 34 of Chapter 90 of the General Statutes.
- d.A physician assistant, consistent with the limitations of G.S. 90-18.1.
- e.A nurse practitioner, consistent with the limitations of G.S. 90-18.2.
- f.A physical therapist, licensed under Article 18E of Chapter 90 of the General Statutes.

§ 115C-407.57(c) Each middle and high school shall maintain complete and accurate records of its compliance with the requirements of this section. (2023-133, s. 18(b); 2025-49, s. 1.)

END OF SECTION TEXT

APPARATUS FOLLOWS — DERIVED, NOT ENACTED

APPARATUS II
2 AUTHORITIES

Authorities referenced

Every G.S. cross-reference appearing in the text of this section, in order of first appearance. Nothing is characterized; the operative language is quoted from the section itself.

REFERENCE	APPEARS IN	OPERATIVE LANGUAGE IN THIS SECTION
G.S. 90-18.1	(b)	"assistant, consistent with the limitations of"
G.S. 90-18.2	(b)	"practitioner, consistent with the limitations of"

APPARATUS III

Citation

FULL SECTION
N.C. Gen. Stat. § 115C-407.57 (2026).

PINPOINT
N.C. Gen. Stat. § 115C-407.57(a) (2026).

Pinpoint keys are set in the left margin of the text rather than line numbers: subsection designators are stable across editions and paper sizes, line numbers are not.

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